

# THE HIGHLANDS SCHOOL

## PREK3 CURRICULUM

### CATHOLIC FORMATION

- Understand basic attributes of God
- Develop a simple love for Christ
- Develop a simple love for Blessed Mother Mary
- Recognize some Old Testament stories
- Recognize some New Testament stories
- Develop a beginning understanding of angels and saints

### LANGUAGE ARTS

- Maintain sustained attention
- Use appropriate listening skills
- Dictate and recite simple stories
- Use appropriate vocabulary
- Use appropriate oral presentation skills
- Be able to describe and express personal needs
- Recount personal experiences
- Recite alphabet and say sounds
- Understand basic phonemic awareness concepts
- Rhyme and rhythm
- Segmenting words into sounds
- Segment sentences into words

### UNDERSTAND BASIC BOOK AND PRINT CONCEPTS

- Understand basic directions
- Categorize information heard
- Give oral response to text
- Know simple fairy tales, short stories, fables and legends
- Recite simple poems
- State characters and events of simple stories
- Develop fine motor skills
- Generate and dictate stories orally
- Ask questions and know purpose of library

### MATH

- Understand simple story problems
- Order numbers 1-15
- Estimate using the terms small, large, little and a lot
- Use pictures and objects to model problems
- Count, read and write 1-10
- Count 1-30 orally
- Compare quantities up to 5
- Recognize simple sets
- Estimate sets up to 5 objects
- Use terms put together and take away
- Add and subtract numbers up to 5
- Use simple computation strategies
- Use simple measurement strategies
- Understand cold, warm and hot
- Recognize and identify value of penny, nickel, dime, quarter
- Understand basic terms related to time
- Understand basic calendar concepts
- Understand basic terms of orientation
- Identify and use simple figures and solids
- Identify patterns by color, size and shape
- Use simple data analysis and probability concepts

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### SCIENCE

- Understand basic concepts of the scientific process
- Understand basic scientific thinking skills
- Develop simple scientific habits
- Use simple scientific tools
- Know basics of earth and space science
- Know basics of life science

### HISTORY

- Understand broad categories of time
- Reconstruct the past
- Identify historical figures
- Know national holidays
- Acquire information from historical source
- Describe past orally

### PHYSICAL EDUCATION

- Understand basic physical activity concepts
- Participate in physical activities
- Understand movement concepts and principles
- Develop gross motor skills
- Develop small motor skills
- Develop team building skills
- Understand physical activity provides enjoyment, challenge, self-expression and social interaction

### MUSIC

As early exposure to music has proven to have life lasting effects for an individual, the aim with our youngest students is to allow them to have a variety of hands-on experiences with music. Students listen to and learn about classical music stories such as The Nutcracker. Drums, sand blocks, shaker eggs, rhythm sticks are among some of the instruments that students have access to. Songs incorporating foundational Kodaly singing syllables are taught and sung. Lastly, students learn church and bible songs which are sung as prayers at the start of class.

### LIBRARY

Basic reading skills are a vital component in your child's academic success. Our aim in the weekly library classes is on developing these skills by reading fiction and nonfiction to students, explaining the basic parts of a book and proper book care as well as introducing solid reading skills such as previewing, predicting, summarizing, connecting, questioning and inferring.

### AFTER SCHOOL CARE

The Highlands School Aftercare Program provides each child with the opportunity to develop a strong work ethic through allotted homework times, trying to instill independence in problem-solving and time management while still aiding the students as necessary, to the best of the staff's abilities. In addition to this work ethic, the students are encouraged to socialize not only with their classmates but with children in other grades, extending their bonds and friendships to others with similar interests and enabling them to interact with various age groups in a comfortable, friendly environment. The students are able to interact both in centers—the games and other crafts the students may play each day—and in outdoor activities from tag to soccer to football, weather permitting. The Aftercare Program has daily prayers that often allow the students to voice their own prayer intentions and thus practice praying for those in need within the community. As a whole, the Aftercare Program is dedicated to the development of the students in its care: academically, socially, physically, and spiritually.