

The Highlands School Pre K - 3rd Grade

August 2018

8/14/2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6	7	8	9	10
13	14	15	16	17
		house-made Pepperoni Pizza <i>on crispy whole grain French loaf</i>	Oven "Fried" Chicken <i>over whole grain waffle-syrup</i> <u>All-Beef Plain or Chili</u> Cheese Don Skillet Potato Po'Boy-v	Rolled Beef Burrito <i>with taco beef, potato & cheddar</i> <u>breakfast for Lunch' Burrito</u> Real' Queso Nachos Supreme
		SIDES - SIDES - SIDES <i>fresh baked whole grain roll</i> seasoned green beans <i>fresh-cut house salad greenz'</i> chilled mixed fruit in juice	SIDES - SIDES - SIDES <i>cowboy baked beans</i> <i>fresh-cut seasonal veggie sticks</i> <i>fresh-cut seasonal melon</i> <i>fresh baked tropical pineapple bites</i>	SIDES - SIDES - SIDES <i>house-made refried beans</i> <i>fresh-cut taco 'salad' & house sals</i> <i>fresh red grapes</i> **
20	21	22	23	24
<u>Frito 'Chicken' Chili Pie</u> <i>fresh baked cornbread & 'butter'</i> <u>Charbroiled Hamburger</u> <u>Baked Falafel Sandwich-v</u>	<u>Classic Ragu Bolognese</u> <i>and whole grain rotini pasta</i> <u>Pomodoro Eggplant</u> <u>Tower-v</u> <u>house-made Deep Dish Pizza</u>	<u>Teriyaki Baked Chicken</u> <i>over steamed brown rice</i> <u>Texas Corn Dog</u> <u>Stir-Fry Rice Bowl-v</u>	<u>Savory Gravy Beef Steak</u> <i>fresh baked whole wheat roll</i> <u>Southern Smothered Chicken</u> <u>Grilled Cheese Sandwich-v</u>	<u>Baked Chicken Carnitas</u> <i>with 'whole corn' tortillas & lime</i> <u>Oven-Roasted Brisket Slide</u> <u>Real' Queso Nachos-v</u>
SIDES - SIDES - SIDES <i>oven baked tater tots</i> <i>confetti corn & black bean saute</i> <i>strawberry applesauce</i> <i>fresh baked fruit & oat bar</i>	SIDES - SIDES - SIDES <i>Tuscan white beans</i> <i>fresh-cut Caesar salad</i> <i>chilled mixed fruit in juice</i> <i>Italian cocoa bites</i>	SIDES - SIDES - SIDES ** <i>fresh-cut cucumber wedges</i> <i>chilled pineapple rings in juice</i> <i>mandarin orange gelatin</i>	SIDES - SIDES - SIDES ** <i>wild & brown rice with spinach</i> <i>herbed carrot coins</i> <i>fresh seasonal apple variety</i>	SIDES - SIDES - SIDES <i>Texican roasted potatoes</i> <i>cucumber pico de gallo</i> <i>fresh-cut seasonal fruit</i> <i>fresh baked churro mini muffin</i>
27	28	29	30	31
<u>Baked Chicken Nuggets</u> <i>whole grain breaded breast meat</i> <u>Melty Beef Philly Wedge</u> <u>Fresh Fruit Salad Box-v</u>	<u>Turkey Dinner'</u> <i>slow roasted, sliced and</i> <u>Breaded Fish Sandwich</u> <u>Baked Stuffed Pepper-v</u>	<u>Southwest Skillet Chicken</u> <i>over roasted red potatoes</i> <u>Trail Mac & Chili Pasta</u> <u>Texas Toast Grill'wich-v</u>	<u>Classic Meat Sauce</u> <i>and whole grain spaghetti</i> <u>Chicken Parmigiana Sandwich</u> <u>Cheese n' Garlic Bread-v</u>	<u>Taco Chicken Nachos</u> <i>with 'whole corn' tortilla chips</i> <u>Beef Brisket & Jack Quesad</u> <u>Cheese Enchiladarito-v</u>
SIDES - SIDES - SIDES <i>fresh baked whole wheat breadsticks</i> <i>herb sweet potato homefries</i> <i>fresh-cut seasonal veggie sticks</i> <i>chilled mixed fruit in juice</i>	SIDES - SIDES - SIDES <i>fresh baked whole wheat roll</i> <i>real mashed potato medley</i> <i>seasoned green beans</i> <i>fresh-cut seasonal fruit</i>	SIDES - SIDES - SIDES <i>fresh baked cornbread & 'butter'</i> <i>charro beans</i> <i>steamed broccoli florets</i> <i>baked spiced apples</i>	SIDES - SIDES - SIDES <i>fresh baked whole grain roll</i> <i>green peas & sliced carrots</i> <i>fresh-cut house salad greenz'</i> <i>fresh-cut seasonal fruit</i>	SIDES - SIDES - SIDES <i>TexMex-style brown rice</i> <i>cilantro black beans</i> <i>fresh-cut seasonal melon</i> <i>fresh baked cinnamon 'puff' pastry</i>

Twelve Oaks



Catering

committed
to provide
freshness,
variety and
good nutrition

MENU NOTES: >>> see all of our food descriptions at twelveoakscatering.com

- * a non-meat entree is offered every day, denoted with a (n).
- * we "BAKE, never fry" and promote a low fat, low sugar and appropriate caloric menu.
- * the menu features whole wheat breads, lean meats, chicken breast meat, and low fat cheeses.
- * fresh fruit offered most days - desserts are made with whole grains and are relatively low in sugar.

order forms & payment available at
twelveoakscatering.com



all food produced in a
TDH inspected kitchen



The Highlands School Pre K - 3rd Grade

August 2018

DUE DATE: **8/14/18**

Order Form

1> Check the box to the left of the entrée you wish to select
 2> Check the box to the left of **beverage** if you wish either a milk or a juice

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

1	2	3

6	7	8	9	10

13	14	15	16	17
	<input type="checkbox"/> House-made Pepperoni Pizza <input type="checkbox"/> Baked Garlic Chicken Wings ** <input type="checkbox"/> MAC & Cheddar Pasta-v beverage	<input type="checkbox"/> Oven "Fried" Chicken All-Beef Plain or Chili Cheese Dog ** <input type="checkbox"/> Skillet Potato Po'Boy-v beverage	<input type="checkbox"/> Rolled Beef Burrito <input type="checkbox"/> Breakfast for Lunch' Burrito-v ** <input type="checkbox"/> Real' Queso Nachos Suprema-v beverage	

20	21	22	23	24
<input type="checkbox"/> Frito 'Chicken' Chili Pie <input type="checkbox"/> Charbroiled Hamburger ** <input type="checkbox"/> Baked Falafel Sandwich-v beverage	<input type="checkbox"/> Classic Ragu Bolognese <input type="checkbox"/> Pomodoro Eggplant Tower-v ** <input type="checkbox"/> House-made Deep Dish Pizza beverage	<input type="checkbox"/> Teriyaki Baked Chicken <input type="checkbox"/> Texas Corn Dog ** <input type="checkbox"/> Stir-Fry Rice Bowl-v beverage	<input type="checkbox"/> Savory Gravy Beef Steak <input type="checkbox"/> Southern Smothered Chicken ** <input type="checkbox"/> Grilled Cheese Sandwich-v beverage	<input type="checkbox"/> Baked Chicken Carnitas <input type="checkbox"/> Oven-Roasted Brisket Sliders ** <input type="checkbox"/> Real' Queso Nachos-v beverage

27	28	29	30	31
<input type="checkbox"/> Baked Chicken Nuggets <input type="checkbox"/> Melty Beef Philly Wedge ** <input type="checkbox"/> Fresh Fruit Salad Box-v beverage	<input type="checkbox"/> Turkey Dinner' <input type="checkbox"/> Breaded Fish Sandwich ** <input type="checkbox"/> Baked Stuffed Pepper-v beverage	<input type="checkbox"/> Southwest Skillet Chicken <input type="checkbox"/> Trail Mac & Chili Pasta ** <input type="checkbox"/> Texas Toast Grill'wich-v beverage	<input type="checkbox"/> Classic Meat Sauce <input type="checkbox"/> Chicken Parmigiana Sandwich ** <input type="checkbox"/> Cheese n' Garlic Bread-v beverage	<input type="checkbox"/> Taco Chicken Nachos <input type="checkbox"/> Beef Brisket & Jack Quesadilla ** <input type="checkbox"/> Cheese Enchiladrito-v beverage

Teacher: _____

3> Student Name: _____

Class: _____

4> Count entrees chosen _____ x **\$3.45** = \$ _____

5> Count beverage chosen _____ x **\$0.50** = \$ _____

ORDER TOTAL \$ _____

6> Paying by check: *Staple check (to "Twelve Oaks") to front of menu. A \$25.00 fee will be charged for any returned checks*

7> Paying by credit card: **MASTERCARD/VISA/DISCOVER**. Include card #, expiration date, signature, and daytime

8> **FAX TO: 214-956-9825,** or **E-MAIL TO: order@twelveoakscatering.com**

C.C. #: _____ - _____ - _____ expiration date: _____

signature: _____ phone #: _____