

The Highlands School
Adopt a Freshman Program
2009-2010

Dear Senior and Junior Girls,

As you begin your summer break, here at school we are preparing everything for next year, which promises to be another year full of challenges, triumphs, struggles, growth and memories. Although I am sure you don't want to think about going back to school quite yet, I do want to make sure you get the opportunity to participate in one of our most successful programs this fall 2009.

As you may know, the Adopt a Freshman Program began in 2007. Through the program, upperclassmen become "Big Sisters" to members of the freshman class. The role of the Big Sister is to help freshmen feel welcome and at home at The Highlands and encourage them to become active and positive members of The Highlands community. The Big Sisters remain close to their freshmen sisters, especially during the first weeks of school, through Q and A sessions, lunches together, and offering their friendship and help in every way they can. Last year's freshmen were very grateful for the help and welcome they received from the senior girls.

This year, like last year, we will be selecting volunteers on a first-come basis. *Priority will be given to seniors who apply by June 30th.* Juniors may also apply. **The deadline for all application forms is June 30th.**

Should you choose to submit an application, you must be ready and able to fulfill the following commitments:

- **Submit the application by the due date given. No late applications will be accepted.** The application includes a one page composition on why you think would be a good Big Sister in the Adopt a Freshman Program. Please include your name, telephone and cell phone numbers and your email address.

- Attend the training session and **Freshmen Tea on Saturday, August 15, 2009 at the Las Colinas Country Club**. The training session will be held immediately before the Freshmen Tea begins, so **you would need to be there at 1:15pm**.
- Organize the **Freshmen Orientation Day on Tuesday August 18, 2009**. Time and details will be confirmed at the training session.
- Check every day after school to see how your Little Sister is doing during the first month of school.
- Make sure that she is sitting with someone at lunch.
- **Attend Q and A sessions with the freshmen** during two or three times during the first weeks of August (dates TBC).
- **Plan activities** as requested by the admissions office
- Be an **example** and **mentor** for your freshman sister on campus as well as and especially off campus
- Help the freshmen learn about their **options for extra curricular activities** and clubs
- Help freshmen – especially those new to THS – to **understand the goals and principles of a THS student**.

You may drop off your applications at the main office or mail them to the address below:

Miss Denise Funke
 The Highlands School
 1451 E. Northgate Drive
 Irving, TX 75062

Thank you for your commitment to The Highlands and your willingness to participate. After we receive all the applications (June 30th deadline) we will contact those seniors and juniors who have been selected as Big Sisters this year. Please let me know if you have any questions or concerns. Enjoy the rest of your summer!

Yours in Christ,



Miss Denise Funke
 Formation Director